



## MISSION STATEMENT

*The Sierra Friends of Tibet's purpose is to raise awareness of Tibet;  
to advocate self-determination for the Tibetan people;  
to end the illegal occupation, the destruction of the natural environment, the eradication of Tibetan Culture,  
and the continuing genocide of the Tibetan people by the Chinese Communist government.  
We promote a peaceful resolution of these issues.*

**Sierra Friends of Tibet (SFOT)** is a volunteer and member based organization founded in 1996. SFOT places membership donations in a SFOT bank account (checking/savings) at a local bank. Funds are used for the paper and printing of newsletters, the paper and mailing of membership letters, sponsoring and facilitating groups of Monks, Nuns, government representatives, activist leaders, cultural groups, etc. When more funds are available, SFOT supports such Tibetan causes as tuition assistance for refugees in California, elder care in remote villages, assistance with legal aid for Political Asylum, contributions supporting computers to Gaden Shartse Monastery, Jangchup Choeling Nunnery, and the Tibetan Settlement in Mundgod, India. We also support SFOT's participation at global and international conferences with Tibet Support Groups, and other aid projects.

No monies go to any of the SFOT volunteers except to repay approved expenses.

For the latest news on Tibet and to follow what SFOT is doing please visit our website **[www.sierrafriendsoftibet.org](http://www.sierrafriendsoftibet.org)**. You can join our E-list by following the directions on our website. Email is an efficient and cost effective way for us to communicate our activities and critical Tibetan issues and action alerts with you.

Thank you to everyone who contributes to Sierra Friends of Tibet. Without your generous support we would not be able to continue to grow. Membership is great way to start getting involved with SFOT and the Tibetan cause. Our meetings are open to the public. If you are on our E-list you will receive email announcements about our meetings. We look forward to hearing from you and seeing you soon in January.

If you have any questions, please call Joseph Guida 530-272-4725 or email: [josephguida@sierrafriendsoftibet.org](mailto:josephguida@sierrafriendsoftibet.org)

*Thanks to our members and everyone who supports the Tibetan Culture and  
Sierra Friends of Tibet  
Join SFOT Today*



### **Yes I Am Willing To Pledge My Support To Sierra Friends of Tibet!**

**\$25/Annual Individual    \$15/Low Income    \$35/Annual Business**

Name: \_\_\_\_\_ Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Comments: \_\_\_\_\_

*Please Mail To  
MEMBERSHIP*

*Sierra Friends of Tibet, P.O. Box 1594, Nevada City, CA. 95959*